

Publikationen mit übergreifender oder nicht eindeutig zu spezifizierender Ausrichtung / General or comprehensive publications about cross-country running

Berg, E. (SIRC 141285)

The neglected 110 in cross-country

(Die vernachlässigt 110 im Crosslauf)

Coaching Clinic, Princeton (N.J.) 22 (February 1984), 6, pp. 10-11

Deary, B. (SIRC 018399)

Cross-country runners

(Crossläufer)

In: Mitchell, B. (Ed.): Today's athlete, London: Pelham, 1970, pp. 70-76

Dziezawiec, J. (SIRC 071648)

Developing the cross-country team

(Entwicklung einer Crosslauf-Mannschaft)

Coaching Clinic, Princeton (N.J.) 17 (December 1979), 12, pp. 17-21

Genot, E. (SIRC 349272)

Le cross-country, un sport tres populaire au CISM

(Cross country: one of CISM's most popular championships / Crosslauf: eine der populärsten Meisterschaften der CISM)

Sport Int., Bruxelles (October 1988), 76, pp. 6-8

Goulet, M. (SIRC 350883)

World cross country & Canada

(Internationaler Crosslauf & Kanada)

Athletics, Willowdale (Ont.) (June 1994), 12-13

Gratton, M. (SIRC 198148)

Mud, guts and cold showers

(Schlamm, Härte und kalte Schauern)

Running Mag., London (November 1986), 67, pp. 56-57

Green, D. (SIRC 450197)

Distance running cross country through track a continuum

(Cross- und Bahnläuf als Kontinuum)

Texas Coach, Austin (Tex.) 42 (October 1997), 3, pp. 34-35

Griak, R. (SIRC 071644)

Cross country

(Crosslauf)

J. of phys. Educat. & Recreat. 51 (January 1980), 1, p. 68

Jeannotat, Y. (SIRC 192377)

Le cross-country à la source de l'athlétisme

(Cross country as the source of athletics / Der Crosslauf als Quelle der Leichtathletik)

Macolin, Switzerland (March 1986), 3, pp. 2-5

Jeannotat, Y. (SIRC 227829)

Le cross-country

(Cross-country running / Crosslauf)

Dans, Tamini N. (Ed.) et al.: La course a pied pour tous, Paris: Amphora, 1986, pp. 99-103

Johnson, D. (SIRC 031951)

Building a cross-country tradition

(Aufbau einer Crosslauf-Tradition)

Scholast. Coach, New York (N.Y.) 46 (May/June 1977), 10, pp. 12-13, 15-17, 64

Knowlton, R.G.; Deutsch, D.T. (SIRC 010233)

Performance outcomes of cross-country running structured in a voluntary activity class

(Crosslauf-Ergebnisse, strukturiert in einer freiwilligen Sportklasse)

Res. quart. 46 (October 1975), 3, pp. 371-378

McFadden, J. (SIRC 054180)

**Only the fittest and fleetest survive. In Europe, they take their cross-country very seriously
(Nur die Fittesten und Schnellsten überleben. In Europa nimmt man den Crosslauf sehr ernst)**

Runner's World, 13 (December 1978), 12, p. 113

When the American cross-country season is just getting under way in September, the Europeans are still racing on the track. Some of the biggest European track meets occur in September and October. Because the European running system is based on club organization rather than school organization, the European running calendar completely ignores the school year. Europeans are just taking to the field to stretch their endurance legs when Americans are conducting their final cross-country championships in November. And it is a five-month season, compared to the brief three-month American season. November is the start with December and January being the busiest months. February is when local, regional, inter-regional and national championships are held; in March comes the grand finale - the International Championships.

Murphy, P.E. (SIRC 138795)

Why cross-country?

(Warum Crosslauf?)

Coaching Clinic, Princeton (N.J.) 22 (November 1983), 3, pp. 7-9

No author (IAT: Microfiche 115451)

IAAF-Präsident Nebiolo zur Zukunft des Crosslaufs

Sport, Zürich 66 (24.3.1986), 35, p. 23

No author (SIRC 063606)

Cross country. Athlétisme en plein air: cross country

(Cross country. Outdoor athletics: Cross country / Crosslauf: Leichtathletik in der freien Natur)

Ottawa: Department of National Health and Welfare Ottawa, 1954, 20 p.

No author (BISp)

Track & field: Cross country running

(Leichtathletik: Crosslauf)

Ottawa: Department of National Health and Welfare Ottawa, 1958, 19 p.

This small booklet covers the following aspects of cross-country running: Rules for competition; equipment; techniques; strategy; mechanical principles which apply to cross-country running; personal factors; suggested weekly practice schedule for the competitive season; conditioning exercises for cross-country runners; diet; sleep; stimulants; emotional stability; medical check-up; classification for competition.

No author (SIRC 063608)

Track and field: cross country running

(Leichtathletik: Crosslauf)

Ottawa: Department of National Health and Welfare Ottawa, 1960, 20 p.

No author (SIRC 180457)

Tricks of the trail: racing tactics for cross country

(Tricks für das Gelände: Crosslauf-Renntaktik)

Running Times, Woodbridge (Va.) (November 1985), 106, pp. 14-16, 18-19

No author (SIRC 233577)

988 All-American Girl's H.S. Cross-Country Team

(988 Gesamtamerikanische Mädchen-Crosslauf-Mannschaft)

Scholast. Coach, New York (N.Y.) 58 (April 1989), 9, pp. 40-41

No author (IAT: Microfiche 905421)

Cross country report

(Bericht über die US-Crosslauf-Szene und die Meisterschaften)

Track & Field News, Los Altos 37 (1984), 10, p. 14

Orton, George (DBlopac)

Distance and cross country running

(Langstrecken- und Crosslauf)

New York: Spalding's athletic library, 1911, 61 p.

Pilkington, J. (SIRC 031983)

Cross-country is ...

(Crosslauf ist ...)

Scholast. Coach, New York (N.Y.) 47 (August 1977), 1, p. 85

This is (the not very practical) account of what cross-country can mean to those who compete in it or coach it.

Price, R. (SIRC 094457)

For cross-country...TEAM is the name of the game

(Für den Crosslauf ... TEAM ist der Name des Spiels)

Coaching Clinic, Princeton (N.J.) 19 (July 1981), 7, pp. 4-5

Reeves, K. (SIRC 374509)

When all wet is all right

(Wenn Nässe gut ist)

Scholast. Coach & athletic Director, Jefferson City (Mo.) 64 (April 1995), 9, pp. 20-21

Sonka, J.J.; Bina, M.J. (SIRC 042731)

Cross-country running for visually impaired young adults

(Crosslauf für sehbehinderte junge Erwachsene)

J. of visual Impairment & Blindness 72 (1978), 6, pp. 212-214

Stefanovich, D.; Krizan, P. (SIRC 090241)

(Tactics in cross-country running / Taktik im Crosslauf)

Sportska Praksa 22 (1979), 4, pp. 13-14, 31

Sturm, E. (SIRC 072712)

Random ideas on cross-country

(Zufällige Ideen zum Crosslauf)

Coaching Clinic, Princeton (N.J.) 18 (February 1980), 2, pp. 15-16

Suitor, G.; Johnson, J. (SIRC 118077)

Ten ideas for better cross country racing

(Zehn Ideen für besseres Crosslaufen)

Harrier 9 (1982), 2, p. 4

Temple, Cliff (BISp; SIRC 080863)

The world of cross country

(Die Welt des Crosslaufs)

In: Temple, Cliff: Cross country and road running. London: S. Paul, 1980, pp. 27-50

This chapter is very much focussed on the history of cross country and the situation in Great Britain. World class runners describe their warm-up programmes and comment on the shoes they wear for cross-country races. The scoring system in cross country is described.

Tulloh, B. (SIRC 289396)

Cross-country without tears

(Crosslauf ohne Tränen)

Peak Perform., London (November 1991), 14, pp. 8-9

Vigneault, M. (SIRC 100662)

Athlétisme d'hiver et d'aujourd'hui: le cross-country

(Leichtathletik im Winter und von heute: der Crosslauf)

Athlétisme et Course sur Route 39 (1981), p. 36